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THE BEREANS

ACTS 17:11

1 Timothy 4:6-10
Lesson #13
Authenticity
07/16/2023

1



Most detested
characteristic
of Christianity
by the world,

and
by Jesus and
his Apostles!

2

***Jesus and the Apostles were
more concerned about religious
distortions of the Gospel than
pagan immorality
for one simple reason***

***Christ died for the sins
of the world but not for
the unbelief of the world.***

3

How to avoid spiritual shipwreck

1 Timothy 4

“1 But the Spirit explicitly says that in later times
some will fall away from the faith,
Face the truth courageously.

paying attention to deceitful spirits and doctrines of
demons, **Watch your diet carefully.**

2 by means of the **hypocrisy** of **liars**
seared in their own conscience as
with a branding iron,”

Follow Christ with consistency.
(Avoid HYPOCRISY)

4

1 Timothy 4

“6 In pointing out these things to the brethren, you
will be a good servant of Christ Jesus, **constantly
nourished on the words of the faith and of the
sound doctrine** which you have been following. 7
But have nothing to do with worldly fables fit only
for old women. On the other hand, **discipline
yourself for the purpose of godliness**; 8 for bodily
discipline is only of little profit, but godliness is
profitable for all things, since it holds promise for
the present life and also for the life to come. 9 It is a
trustworthy statement deserving full acceptance. 10
For it is for this we **labor and strive**, because we
have **fixed our hope on the living God**, who is the
Savior of all men, especially of believers.”

5

Side issues


1 Timothy 4:7

“But have nothing to do with worldly fables fit
only for old women.”

“Old wives tales”

“If you cross your eyes for too long,
they will get stuck that way.”

“The “five-second rule.””



Outward disciplines
Asceticism - Legalism

6

Side issues

1 Timothy 4:10 (2:6)

“who is the **Savior of all men**, especially of believers.”

2 Peter 2:1

“But false prophets also arose among the people, ... even **denying the Master who bought them**, bringing swift destruction upon themselves.”

1 John 2:2

“and he himself is the propitiation for our sins, and not for ours only, **but also for those of the whole world.**”

Atonement was provided
for all **but procured**
through faith.



7

1 Timothy 4

“6 In pointing out these things to the brethren, you will be a good servant of Christ Jesus, **constantly nourished on** the words of the faith and of the sound doctrine which you have been following. 7 But **have nothing to do with** worldly fables fit only for old women.”

Keys to avoiding hypocrisy:

1. Nurture your soul with health food.

- **Spiritual fast food that can kill your appetite** - Social praise, material security, creature comfort, YOUR dreams.

8

1 Timothy 4

“6 In pointing out these things to the brethren, you will be a good servant of Christ Jesus, **constantly nourished on** the words of the faith and of the sound doctrine which you have been following. 7 But **have nothing to do with** worldly fables fit only for old women.”

- **Test** - How can you know if you are eating healthy “soul food”?

Anger & Anxiety - How do you feel when your expectations are (or may be) taken away?

Anger & Anxiety - are not the problem, they often just expose the problem: **misplaced faith and hope from “worldly fables”**.

9

1 Timothy 4

“7 . . . On the other hand, **discipline yourself for the purpose of godliness**; 8 for bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come. 9 It is a trustworthy statement deserving full acceptance.”

2. Discipline yourself to “bear God’s image”.

- **“Discipline” needs an objective** - reading the Bible starts with an objective, like:
 - What did this mean to the early ch.
 - What does this teach me, now?
- **Precondition** our responses to life?

10

1 Timothy 4

“7 . . . On the other hand, **discipline yourself for the purpose of godliness**; 8 for bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come. 9 It is a trustworthy statement deserving full acceptance.”

- **Test** - How can you know if godliness is your real purpose?

Sacrifice - For what do you make the greatest sacrifices of your time, talent, treasure?

11

1 Timothy 4

“10 For it is for this we **labor and strive**, because we have **fixed our hope on the living God**, who is the Savior of all men, especially of believers.”

3. Hope for God’s kingdom in HIS time.

Romans 8

“23 And not only this, but also we ourselves, having the first fruits of the Spirit, even we ourselves **groan within ourselves, waiting eagerly for our adoption as sons, the redemption of our body**. 24 For in hope we have been saved, but hope that is seen is not hope; for why does one also hope for what he sees? 25 But if we hope for what we do not see, with perseverance we wait eagerly for it.”

12

1 Timothy 4

“10 For it is for this we **labor and strive**, because we have **fixed our hope on the living God**, who is the Savior of all men, especially of believers.”

- Why does God ask you to be thankful **FOR even evil circumstances?** (Eph.5:20)
He wants you to develop and demonstrate forgiving grace, and heavenly hope **(the Word and Way of the Cross).**

- Paul’s “thorn in the flesh” (2 Cor.12)
- Paul’s “wretched man” (Rom.7:24)
- Paul’s “groaning with nature” (Rom.8:23)
- Paul’s “flesh wars against spirit” (Gal.5:17)

13

1 Timothy 4

“10 For it is for this we **labor and strive**, because we have **fixed our hope on the living God**, who is the Savior of all men, especially of believers.”

- **Test** - How can you know that your hope is not placed in this world’s circumstances?
Your response to both good and bad circumstances will tell you where your hope resides.

Peace & love or anger & anxiety.

14

We are too often trusting God to change our circumstances

while He is trusting us to bear witness to this world in how we respond to circumstances.

15

1 Cor. 13:4-7

Love is a response to

patient trials
kind insults
not jealous success of others
does not brag success of self
is not arrogant power & authority
not unbecoming freedom
not self seeking competition
is not provoked confrontation
holds no grudges injustice
does not rejoice failure of others
rejoices in the truth gossip & slander
bears all things losses
believes / hopes all things discouragement
endures all things delayed hopes

It's not our circumstances that shape our life so much as our response to them.

16

We are to put off the old self **and put on the new self**

17

Ephesians 4

“22 that, in reference to your former manner of life, you **lay aside the old self**, which is being corrupted in accordance with the lusts of deceit, 23 and that you be renewed in the spirit of your mind, 24 and **put on the new self**, which in the likeness of God has been created in righteousness and holiness of the truth.”

Nurture Discipline Hope

We all CHOOSE to be hypocritical (inauthentic) either to our OLD SIN NATURE or to our NEW SELF IN CHRIST.

18

